



Providing services to the community since 1974

OCES HELPS CAREGIVERS NAVIGATE ONE OF LIFE'S HARDEST BUT MOST REWARDING JOBS

The changing dynamic of families and the diversity in your workplace means that some of your employees are raising their children/grandchildren while others are taking care of older relatives.

1 OUT OF EVERY 6 EMPLOYEES IN THE U.S. IS A CAREGIVER TO A FAMILY MEMBER OR LOVED ONE

Caregiving takes a financial, emotional and physical toll on employees. It also, can be overwhelming, sometimes making the caregiver feel isolated and out of control. According to research by Family Caregiver Alliance.

[Gallup-Healthways. (2011). Gallup-Healthways Well-Being Index.]

INVEST IN YOUR EMPLOYEES

Workplace programs can be invaluable in helping those employees who are helping others, like a spouse, child, grandchild or aging parent. Handling both work and family caregiving is a difficult balancing act. Each employee's situation is unique and complex. OCES can help your employees by directing them to the right resources available to them and guide them as a caregiver.

IMPROVING THE PRODUCTIVITY OF THE WORKING CAREGIVER

Providing the OCES Family Caregiver Support Program to your employees is a progressive business decision. At some point in our lives, we are all likely to be caregivers. Companies that truly desire to embrace work-life balance can provide detailed information and tools their employees need. OCES can help you meet this goal!



TAILORED TO INDIVIDUAL CAREGIVERS FOR LASTING SUCCESS

We do the work for YOU!

OCES can provide employee caregivers the **ONE-on-ONE Support** to create a personalized plan outlining available resources that are applicable to their caregiving situation. This benefit will help reduce the amount of time these individuals spend researching resources. Employers can rest assured that our OCES Team will work closely with each employee-caregiver to provide a seamless, efficient and supportive experience.

Creation of personalized care plan that will:

- Provide 3 referrals for every need
- Individual support creating short and long term plans
- Assistance creating realistic boundaries to promote self-care

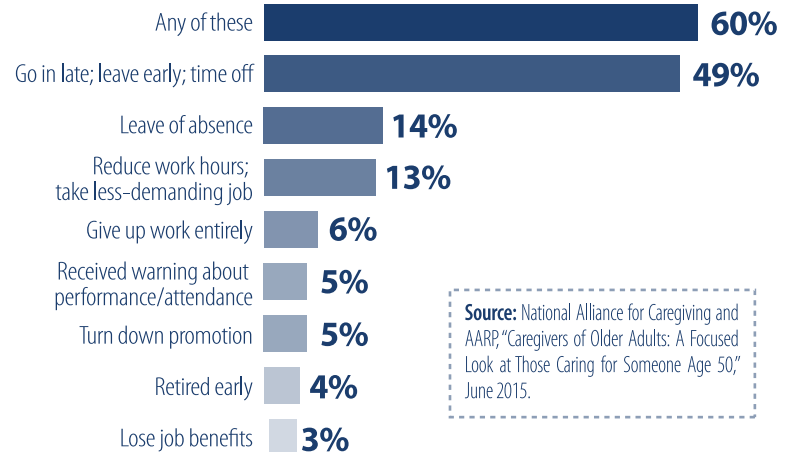
OCES has the flexibility to meet in-person or via conference call at the convenience of the caregiver.

SERVICE AREA

Abington, Avon, Bridgewater, Brockton, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleboro, Pembroke, Plymouth, Plympton, Rockland, Stoughton, Wareham, West Bridgewater & Whitman

508-584-1561
www.ocesma.org

SHARE OF WORKING CAREGIVERS EXPERIENCING WORK IMPACTS DUE TO CAREGIVING



Source: National Alliance for Caregiving and AARP, "Caregivers of Older Adults: A Focused Look at Those Caring for Someone Age 50," June 2015.



"Many thanks for making yesterday's appointment with the Family Caregiver Support Program possible for us...My husband and I were impressed by this supportive service. We had a very informative discussion with the Advisor being very patient and answering all our questions and easing many of our doubts. We felt all our concerns were addressed and we both felt confident that we would be able to make decisions based on the specific information shared."

- E -



"My Options Counselor gave me more than support, she gave me the knowledge & confidence to continue to find a place to live. She had so much information and concern for me. A valued employee. Please pass along my appreciation to my Options Counselor."

- C -

Supporting the independence and dignity of elders and individuals with disabilities

Available Programs

- Information and Referral
- Interdisciplinary Care Management
- Personal Care Management
- Access to In-home and Community-based Services
- Healthy Living Programs
- Nutrition
- Family Caregiver Support
- Options Counseling
- Money Management Program
- Adult Family Care
- Protective Services



Old Colony Elder Services

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